Pocket Guide for PRIMARY CARE CLINICIANS

- Acute Low Back Pain Treatment
- Add-on to Metformin
- Meds for Kidney Stones
- Low-dose Aspirin
Pocket Guide for PRIMARY CARE CLINICIANS

Dear Primary Care Clinician,

Ranked as the Top 4 published in the past three years on primary care topics, we have collected the following PURLs (Priority Updates from the Research Literature) in a handy pocket guide as a thank you for registering today.

3 More Isn’t Better With Acute Low Back Pain Treatment
Adding cyclobenzaprine or oxycodone/acetaminophen to naproxen for the treatment of acute low back pain does nothing more than increase adverse effects.
Clinician Reviews. 2016 July;26(7):18,20

5 Need an Add-on to Metformin? Consider This
Sulfonylureas have been the preferred add-on therapy to metformin for T2DM, but a study finds that DPP-4s have lower risks for death, CV events, and hypoglycemia.
Clinician Reviews. 2017 February;27(2):20-22

7 Kidney Stones? It’s Time to Rethink Those Meds
Despite being recommended for ureteral stone expulsion, tamsulosin or nifedipine is no more effective than placebo.
Clinician Reviews. 2016 April;26(4):20,44

10 Another Good Reason to Recommend Low-dose Aspirin
Evidence shows that daily low-dose aspirin during pregnancy can safely lower the risk for preeclampsia and other adverse outcomes.

ACKNOWLEDGEMENT
The PURLs Surveillance System was supported in part by Grant Number UL1RR024999 from the National Center For Research Resources, a Clinical Translational Science Award to the University of Chicago. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Center For Research Resources or the National Institutes of Health.
Copyright © 2015-2018. The Family Physicians Inquiries Network. All rights reserved.
Reprinted with permission from The Family Physicians Inquiries Network and The Journal of Family Practice.