Hyaluronic acid cosmetic fillers, it turns out, are as big a wine area as for something soft and light or something big and bold. As a result, America Farris was named in a meeting sponsored by the Alabama Dermatology Society. "Not all wines are the same, and not all hyaluronic fillers are the same either. If I'm injecting crow's feet, I'm probably not going to pull for Perlane or Restylane," said Dr. Farris of the department of dermatology at University of Alabama in Birmingham. Those "caborbers" are bolder than necessary for that application. A light "rose" like Hyaluronic or a slightly more complex "pinot noir" like Juvederm would do the trick, she said. On the other hand, if a patient comes in asking for a "really, really big Paris lip," her choice is Restylane. If a patient says she wants a fuller lip but doesn’t want to look like Angelina Jolie, something like Hyaluron or Juvederm is better, Dr. Farris said. "If you know you've got fat fillers, and they are far more forgiving," she said, which is particularly important for novice injectors. Although they can’t do what Restylane and Perlane do to crow’s feet and frown lines, "they’re easier, smoother, and the flow properties are really good," she noted. The important thing is to be comfortable with the product. Everyone has their own level of comfort and their own fears for each application, and it is important to go with what you like and what you know works for that application, and not with what the patient comes in asking for, Dr. Farris stressed. A patient who wants Restylane for crow’s feet, she said, "is not going to pull for Juvederm because that such a bold filler isn’t necessary. The wine analogy is a great way of explaining this to patients." Dr. Farris said. Because the various hyaluronic acid fillers are so different, it pays to be experienced with their use. "The hyaluronic acids work well for a number of problem areas, including pre- jowls, tear troughs, lips, and noses. The "pulling up" of the prejowl groove area is a follow-on application. "With a hyaluronic acid filter improves contour, and patients tend to be very happy with the 'lighter, much nicer look they get with this,'" Dr. Farris said. For undereye circles, a filler such as Ju- védern can be injected in the tear trough with a great result. "When it comes to lip enhancement, a number of different fillers will work. Be sure to ask patients what they are looking for. If lipstick line bleeding is the concern, then running the vermillion border with a filler will suffice. In addition there is no RAPTIVA to the hyaluronic acids, Cosmoplast also works well for this. If the patient wants a bigger lip, then both the border and the body of the lip should be injected. As for noses, the hyaluronic acids can be used to 'stratagize' a crooked nose. Dr. Farris said. Restylane is great for filling in the area around a bump and thereby deac- centuating, or for filling in narrow areas. The hyaluronic acids are easy to use and complications are rare, with the exception of some overinjection phenomena such as bruising and swelling. Lumpsiness and blushing nodules may occur, but these are typically a result of poor injection tech- nique - abcesses are also common but they can be effectively treated intra- venedually, she said. A caveat with Perlane is the likelihood of injection phenomena such as bruising and a needle stick resulting from the need to use a 27-gauge needle. "You’ll spare the pain. I tried the 30- gauge needle, but it’s almost impossible to get [the product] out because of the 190 micron particle size," Dr. Farris said. Use the 27-gauge needle but warn the pa- tient of the potential effects, she advised. Noting that the patient was coming in asking for...