Clinical Psychiatry News®
BEST PRACTICES IN: Practical Treatment Strategies for the Successful Management of Bipolar Disorder
CME Post-Test and Evaluation

Release Date: January 2008 • Expiration Date: January 31, 2009 • Estimated Time to Complete This Activity: 1.0 hour

There is no fee to participate in this activity. Please forward the completed post-test and evaluation form to:
UT Health Science Center at San Antonio
Continuing Medical Education Office
MSC 7980 – 7703 Floyd Curl Drive, San Antonio, TX 78229. Fax: 210-567-6964

Instructions: For each question or incomplete statement, circle the answer or completion that is most appropriate. 3 correct responses are required for credit. Allow 8 weeks for processing.

1. Which of the following are important to the diagnosis of bipolar disorder?
   a. History of mania or hypomania
   b. Family history of bipolar disorder
   c. History of depression
   d. All of the above

2. Which of the following types of medications are used to treat acute manic and mixed episodes of bipolar disorder?
   a. Benzodiazepines
   b. Atypical antipsychotics
   c. Mood stabilizers
   d. Combinations of the above

3. Medications useful in bringing a manic or depressive state under control will likely provide some continuing clinical benefit in the maintenance phase.
   a. True
   b. False

Please Print
Name ____________________________
Degree ____________________________ Specialty ____________________________
Address ____________________________
City ____________________________ State _______ ZIP _______
Phone ____________________________ FAX ____________________________
E-mail ____________________________
Signature ____________________________

Please indicate amount of time spent on this activity:
AMA PRA Category 1 credit (maximum 1.0 hour):
_____ hrs _____ min spent on activity
_____ please check here if you are willing to participate in an outcomes survey

CME Activity Evaluation
1. Rate the extent to which this educational activity met the identified educational needs…
   a. In terms of your satisfaction
   □ Excellent □ Somewhat □ Not at All
   b. In terms of your knowledge enhancement
   □ Excellent □ Somewhat □ Not at All
   c. In terms of your skill enhancement
   □ Excellent □ Somewhat □ Not at All

2. How will the information presented in this issue be useful in your practice setting?
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

3. Did you find the information presented in this publication to be objective, balanced, and free of commercial bias?
   □ YES □ NO

Comments:
   __________________________________________________________
   __________________________________________________________
   __________________________________________________________

CME Credit Designation Statement: The UTHSCSA School of Medicine designates this educational activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Copyright © 2008 Elsevier Inc.